

# **Kirkwood Ski Education Foundation**

## **GENERAL CODE OF CONDUCT**

The following code of conduct represents a code of behavior for all athletes participating in the Kirkwood Ski Education Foundation. The code reflects a commitment to academic achievement at school and athletic achievement on the mountain. We require that each athlete and a parent sign a copy of this code which then becomes an agreement between the program, the athlete and parents.

1. Athletes in the program shall maintain high standards of moral and ethical behavior, which includes self control, responsible behavior, consideration for other's physical and emotional well being, courtesy, good manners and sportsmanship at all times. No athlete is above any other athlete. Any "bullying" will result in dismissal from the team room or skiing privileges.
2. Athletes in the program shall abstain from the use of illegal drugs and the consumption of alcohol and all forms of tobacco.
3. No athletes of the program shall commit a criminal act while representing KSEF at home or away at competition.
4. KSEF athletes shall refrain from use of profane language and disruptive behavior.
5. Athletes shall abide by the FIS and USSA rules of competition in all events as a KSEF member.
6. KSEF athletes are representatives of the town of Kirkwood, Kirkwood Ski Resort, and the surrounding School Districts, and shall act accordingly.
7. Athletes of the program shall be respectful of all the ski area facilities and employees at Kirkwood and while visiting other areas.
8. Athletes of the program shall be respectful of all race officials and volunteers.
9. Athletes of the program shall maintain a healthy lifestyle.
10. Athletes of the program shall maintain honesty and truthfulness in all they endeavor.
11. All KSEF athletes and parents shall assist in fundraising.
12. Athletes and parents shall read the Far West and KSEF Newsletters to stay informed.
13. Athletes and parents shall assist and support any member/staff of KSEF and show leadership to younger members.
14. All athletes/guardians are responsible for properly submitting race entries on time for scheduled races.
15. If you are not able to attend a training session, call and let the coaching staff know within 24 hours.
16. Athletes are encouraged to maintain a minimum 3.0 grade point average.

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## TEAM RULES AND ETIQUETTE

### Locker Room/Sun Meadow 3 & 4 Basement:

1. KSEF members only in the locker room. Parents must stay out during the morning rush.
2. KSEF offices and coaches room are off-limits to all athletes and for business use only.
3. Your equipment and clothing are your responsibility, belongings must be locked in your locker at the end of the day or when not present in locker room. All equipment must be removed at end of season. Anything left in the team room is not the responsibility of KSEF and may be disposed of.
4. Use a combination lock only, athletes must provide administrative staff with the combination.
5. No defacing the outside or inside of any locker. Lockers will be assigned prior to start of season on a first come first serve basis.
6. No skis or gates may be placed against the walls, left in hallway or stairwell. Gates go in the gate storage area.
7. Adhere to all tuning bench rules. An adult **MUST** be present if anyone under 18 yrs. old is using tuning bench or wax irons.
8. The locker room is not a playground, behave yourself.
9. **ONLY** the coaching staff may operate the electronic equipment.
10. In the hallway, skis are to be carried in your hands straight up and down, **NOT** on your shoulders.
11. Enter & exit through the outside upstairs door only. Do not kick the door to open it.
12. Only one athlete may use the bathroom at a time.
13. We are guests of Sun Meadows, all other buildings, hallways, stairwells, or elevators are off limits.
14. The hallway is not a storage place for clothing/equipment, it is not a dressing area, or a place to eat lunch or snacks.
15. The hallway/elevators/basement area/parking garage is not a place to play. KSEF does not allow any playing in these areas. Remember there are homeowners who live in Sun Meadows who want a pleasant and safe living environment. Respect the property and owners.
16. KSEF property within team room/hallway is not to be removed from the area or used for a purpose which it is not designed for unless instructed by a KSEF staff member.
17. If and when you are asked to do something by a coach, do so immediately.
18. Please show respect towards your fellow athletes' rights and their equipment.
19. Athletes will not borrow without permission, hide, or vandalize any teammate's property or equipment that is kept in the KSEF Locker Room or in an athlete's locker.
20. Assist/support any fellow member both in the team room and on the hill. Treat team mates with respect.
21. Safety Bars/Comfort Bars **MUST** be used by KSEF athletes at **ALL** times. Athletes not using Safety Bars may be excluded from that day's training. **NO EXCEPTIONS!**
22. Any eating of food must be supervised by parents. Anyone found not cleaning up will have KSEF lunch room privileges revoked.
23. Always be courteous in the lift lines and **NEVER** cut ahead of anyone who has been waiting ahead of you.

### **Discipline for Rule Violations**

Any violation of General Code of Conduct and Team Rules and Etiquette will result in disciplinary action up to and including suspension of team room usage and/or training privileges.

Please remember, you represent the Kirkwood Ski Education Foundation and your actions/attitude speaks volumes about our program. No one athlete or parent is above the program itself.

